The Advanced Practice Advisory Committee to the Oklahoma Board of Nursing met on August 12, 2008. Written notice of the meeting was filed with the Secretary of State’s Office. Notice was posted on the Oklahoma Board of Nursing web site. A notice/agenda was also posted on the Cameron Building front entrance at 2915 North Classen Boulevard, Oklahoma City, Oklahoma, as well as the Board office, Suite 524, 24 hours prior to the meeting, setting forward thereon the date, time, place and agenda for the meeting.

Place of Meeting: Basement Conference Room, Cameron Building

Time of Meeting: 2:32 PM

Member Present: Pat Saslow, RN, ARNP
                 Lauri Paul, RN, ARNP
                 Jana Butcher, RN, ARNP
                 Susan Jones, RN, CNS
                 Susan Goodwin, RN, CNS
                 Mark Williams, RN, CRNA
                 Mark Richardson, RN, CRNA
                 W. Pauline Lisle, RN, CNM
                 Leanna Harkess, RN, CNM
                 Lynne Burson, RN, CNM

Member(s) Absent: Janet Kristic, RN, CNS
                  Philip Runyon, RN, CRNA (Deceased)

Guest: None

Board Representative Absent: Elizabeth Schultz, RN, MS, CRNA

Staff Representatives: L. Louise Drake, RN, M.H.R.
                      Gayle McNish, RN, Ed.D
                      Helen Rangel, RN, M.S.
1.0 **Call to Order:** The meeting was called to order by L. Louise Drake at 2:32 PM.

1.1 **Declaration of a quorum:** A quorum was declared present.

1.2 **Introductions:** Introductions were made. Helen Rangel, R.N., M.S., has been hired to replace Carla Petty as the Licensing Manager for the Oklahoma Board of Nursing (“Board”).

1.3 **Announcements:** Philip Runyon, RN, CRNA, who was on the Advanced Practice Advisory Committee died in June 2008, and the Board appreciates his contributions to the Committee.

Congratulations to Susan Jones, RN, CNS, member of the Committee who received the Clinical Nurse Specialist of the Year Award – given by the National Association of Clinical Nurse Specialists.

2.0 **Committee decision regarding approval of February 19, 2008, committee meeting minutes:**

It was moved (J. Butcher) and seconded to approved the Advanced Practice Advisory Committee Minutes for February 19, 2008.

**Voting:**
- No: (0)
- Absent: (1) J. Kristic

**Motion carried.**

3.0 **Verbal reports requiring no action by committee**

3.1 **Board of Nursing update:**

3.1.1 *National Certifying Bodies and APN and NON-APN Examinations Approved by the Oklahoma Board of Nursing Revision Policies:* L. Drake reported the Board approved the Committee’s recommendations to revise the National Certifying Bodies policy on March 25, 2008.

3.1.2 *Changes in Board Rules, including a change in APN prescriptive authority from 7-day supply of CDS to 30 days:* The legislature did not disapprove the Rule change, and the Governor approved the Rule change. Therefore, it became effective on July 1, 2008.

3.1.3 *Continuing education and continuing competence issues:* G. McNish reported there are discussions and activities ongoing by a senior citizen who wants the Board to make continuing education mandatory for licensed nurses. This matter has been an agenda item on various Long Term Care related
meetings since the fall of 2007. From the Board’s perspective, we have provided information that continuing education does not ensure continuing competence in practice. There was an opportunity for interested parties to dialogue with the Board on continuing competency and mandatory continuing education issues at the July 22, 2008, Board meeting. As a result of that meeting, the Board is considering the information provided and will be making decisions on this matter at a later date.

3.1.4 Revisions to the Registered Nurse Administering, Managing and Monitoring Non-Obstetrical Patients Receiving Analgesia/Anesthesia by Catheter Techniques (Epidural, PCEA and Intrathecal Catheters) Guidelines and to the Registered Nurse Monitoring Obstetrical Patients Receiving Analgesia/Anesthesia by Catheter Techniques (Epidural, PCEA and Intrathecal Catheters) Guidelines: L. Drake reported the revisions to the guidelines include new requirements for education and training on dermatomes and on more defined assessment parameters to clarify training expectations and to improve patient care outcomes when medications are administered via catheter techniques. In additions, policies and procedures of institutions/facilities are to address the types of tubing and catheters used in the facility to minimize the opportunities for errors to occur, such as tubing misconnections and interconnectivity issues.

L. Drake, also, reported the Administration of Epidural Medications by the Registered Nurse, Second Amended, Declaratory Ruling #1, was revised for congruence with changes in the Registered Nurse Administering, Managing and Monitoring Non-Obstetrical Patients Receiving Analgesia/Anesthesia by Catheter Techniques (Epidural, PCEA and Intrathecal Catheters) Guidelines.

3.1.5 Revisions to CRNA Inclusionary Formulary: L. Drake reported revisions to the CRNA Inclusionary Formulary were approved by the Board at its May 2008 meeting. Several drugs that are no longer listed in the AHFS Drug Information Manual and are no longer available in the United States were removed from the formulary.

3.2 Discussion of issues impacting advanced nursing practice issues

3.2.1 ANCC’s and NCC’s changes in certification examinations and credentials: L. Drake stated the changes in certification credentials by national certifying bodies have resulted in confusion as to what credentials are required for advanced practice nurses. The Oklahoma Nursing Practice Act (“ONPA”) provides title protection for all four of the advanced practice nurse categories in Oklahoma, that is: Clinical Nurse Specialist (“CNS”), Certified Nurse Midwife (“CNM”), Advanced Registered Nurse Practitioner (“ARNP”) and Certified Registered Nurse Anesthetist (“CRNA”). In
accordance with ONPA, only individuals who meet specific requirements and who have been recognized as advanced practice nurses by the Board may use these titles. Although national certification by an appropriate certifying body, recognized by the Board, and a certificate of recognition from the Board are requirements for practice as a CNS, CNM, ARNP or CRNA, there is no legal mandate that national certifying bodies’ certification credential has to be used. All advanced practice nurses with current recognition by the Board are to use the protected title of R.N. when providing direct care to patients, in addition to using the appropriate advanced practice title. The use of national certification credentials and/or earned degrees may be used but are not required.

3.2.2 New Frequently Asked Questions section on Practice/Advanced Practice Page of Board’s website: L. Drake reported A Frequently Asked Questions section has been placed on the Practice/Advanced Practice Page and at the end of the Guidelines Page of the Board’s website. Twenty (20) questions were developed after reviewing outcomes for the last three (3) years of which nursing practice-related questions are asked most frequently. There are four (4) questions related to advanced practice nursing. Members were encouraged to view this new area on the Board’s website.

3.2.3 Other:
- L. Drake informed the committee members that the Oklahoma Society of Anesthesiologists has filed a request for a declaratory ruling from the Oklahoma State Board of Medical Licensure and Supervision (“Medical Board”) as to whether CRNAs are practicing outside their scope of practice by administering medications for the management of chronic pain other than in the perioperative or periobstetrical period. The Board of Nursing and the Medical Board separately asked the Attorney General to rule on this matter, which he has agreed to do.

- S. Goodwin reported a core examination for clinical nurse specialists (“CNS”) will be field tested in October 2008. The ANCC, in collaboration with the National Association of Clinical Nurse Specialists, is developing the CNS core certification examination. The core examination will test competencies expected and required for the role of the CNS across the lifespan regardless of specialty. The core examination provides recognition of the knowledge, skills, and abilities for the role of the CNS. S. Goodwin requested that the core examination be discussed at the Committee meeting in February 2009.
• G. McNish explained the Model Act and Rules for Advanced Practice Regulation was approved during the NCSBN August 2008 Delegate Assembly. The Oklahoma Nursing Practice Act and Rules will be reviewed for congruence with the NCSBN’s Model Act and Rules, cross walking the Model with the statutes and rules for APN regulation in this state.

3.3 Advanced Practice Advisory Committee member list and update: Members updated their contact information.

4.0 Review and committee recommendations on revisions to National Certifying Bodies and APN and Non-APN Examinations Approved by the Oklahoma Board of Nursing Policies

4.1 Review and Decision on revisions of certification examinations on the Board’s National Certifying Bodies approved APN list, Policy #52A:
L. Drake distributed a memorandum explaining the need to differentiate required OBN information in the policy from the national information because of confusion as to what credentials are required for advanced practice nurses, especially after two (2) national certifying bodies changed certification credentials. In addition, other revisions were made to decrease confusion and make the policy more useful.

It was moved (L. Paul) and seconded to approve the revisions to the National Certifying Bodies and APN Examinations Approved by the Oklahoma Board of Nursing Policy - #P-52A and to submit the recommended revisions to the Board for approval.

Voting:
No: (0)
Absent: (1) J. Kristic

Motion carried.

4.2 Review and Decision on revisions of certification examinations on the Board’s National Certifying Bodies approved Non-APN list, Policy #P52-B:
L. Drake distributed a memorandum explaining the need to differentiate required OBN information in the policy from the national information because of confusion as to what credentials are required for CNSs as advanced practice nurses, especially after two (2) national certifying bodies changed certification credentials. In addition, other revisions were made to decrease confusion and make the policy more useful.
It was moved (S. Jones) and seconded to approve the revisions to the *National Certifying Bodies and NON-APN Examinations Approved by the Oklahoma Board of Nursing Policy* #P52B and to submit the recommended revisions to the Board for approval.

**Voting:**


No: (0)

Absent: (1) J. Kristic

**Motion carried.**

5.0 Discussion on prescriptive practices - [requiring no action]

5.1 APNs not permitted to purchase drugs in bulk to dispense to patients:

L. Drake stated several pharmaceutical companies have called to inquire and to validate if advanced practice nurses can purchase medicines in bulk supply to dispense to patients in their care. Advanced practice nurses (“APNs”) engaging in this practice violate the Oklahoma Nursing Practice Act, specifically 59 O.S. § 567.3.a.6, 7c., and 8, which provides for the authorization to prescribe *but “…shall not include the dispensing of drugs, but shall not preclude, subject to federal regulations, the receipt of, the signing for, or the dispensing of professional samples to patients.” Therefore, APNs can only dispense samples and not purchase a bulk supply of any drugs. In addition, the Oklahoma Pharmacy Act [59 O.S. § 355 & 355.1] identifies only licensed practitioners - (defined as an allopathic physician, osteopathic physician, podiatric physician, dentist, veterinarian or optometrist licensed to practice and prescribe medications) - can dispense drugs to the practitioner’s patients. The licensed practitioners must register annually with the appropriate licensing board as a dispenser. Advanced practice nurses are not defined as licensed practitioners authorized to dispense in this section of the Pharmacy Act. L. Drake reported she verified the accuracy of this information with the Oklahoma Board of Pharmacy and requested members share this information with their peers.

5.2 Required information on prescriptions: L. Drake has received calls from pharmacists who are having problems with prescriptions from some advanced practice nurses, such as no supervising physician name on the prescription and refusal to provide such name to the pharmacists, ordering Schedule II drugs and ordering schedule drugs without a DEA number. Members discussed the Rules of the Board which list required information for all prescriptions.
5.3 Update on checklist/evaluation tool to verify appropriateness of continuing education/contact hours documentation for meeting requirements for prescriptive authority:  L. Drake reported the Prescriptive Authority Continuing Education Tracking Form discussed during the meeting on February 2008 is now on the Board’s web site on the Forms/Applications Page under the Prescriptive Authority (ARNP, CNM, CNS) and Prescriptive Authority (CRNA) sections. This form is for an independent review of continuing education/contact hours by the advanced practice nurse rather than submitting the Request for Review of Pharmacology Contact Hours form to the Board office for review staff and paying a fee.

5.4 Revisions to Formulary Advisory Council Procedure for Amending the Formulary Policy:  L. Drake informed members of the Committee that revisions to the procedure for amending the Exclusionary and Inclusionary Formularies will be discussed at the Formulary Advisory Council on Thursday, August 14, 2008. Only minor editorial revisions are being recommended to the procedure. The Exclusionary Formulary Policy will be reviewed, also, by the Formulary Advisory Council. Information on Page 2 of the policy provides for written requests by advanced practice nurses for an exception to the Exclusionary Formulary with documentation verifying a practice-specific situation and supporting documentation from the physician supervising prescriptive practice of the advanced practice nurse. There is no language in the statutes that provide for such exceptions, and there is no reference to the Formulary Advisory Council Procedure for Amending the Formulary in the Exclusionary Formulary policy. Therefore, revisions are being recommended for congruence with the law.

6. Discussion on Proposed Rules changes for 2009:  G. McNish reported that currently there are no proposed APN Rules changes for next year.

7. Dates for meetings in 2009 – [requiring no action]:  Members were reminded of the dates for the 2009 meetings, which are set as follows: Tuesday, February 10, 2009, @ 2:30 PM, and Tuesday, August 18, 2009, @ 2:30 PM. Dates for meetings in 2010 will be set during one of the 2009 meetings.

8. Suggested agenda items for next meeting:
   a. Consensus Model for APRN Regulation: Licensure, Accreditation, Certification & Education
   b. CNS core examination
   c. DNP

9. Adjournment:  There being no further business, the meeting was adjourned at 4:15 PM.